

Gluten Free Menu

Please note that we use 'Gluten Free Soy Sauce'. If you have any questions, please do not hesitate to ask your server.

V Suitable for Vegetarians

• Appetisers

V Seaweed (<i>Spring greens</i>)	£5.20
Prawn Skewers with Sweet Chilli Sauce	£7.90
Chicken with Ginger Sauce	£6.90
V Tofu & Vegetable Skewers with Sweet Chilli Sauce	£6.50
Steamed Scallops in Shell (2)	£6.00
Garlic Prawns	£8.20
New Zealand Mussels in Black Bean Sauce	£7.40
'Free From' Sesame Prawn Toast	£7.20

• Soups

Chicken & Mushroom Soup	£4.90
Chicken & Sweetcorn Soup	£4.90
Crab Meat & Sweetcorn Soup	£4.90
V Sweetcorn Soup	£4.50

• Wraps

V Lettuce Wrap with Vegetables	£8.50
Lettuce Wrap with Chicken	£8.80
Lettuce Wrap with Prawns	£9.80
V Lettuce Wrap with Tofu	£8.50

• Seafood Dishes

Lobster

Lobster with Ginger & Spring Onions	Seasonal Price
Lobster in Black Bean Sauce	Seasonal Price

Fish

Steamed Sea Bass with Ginger & Spring Onions	Seasonal Price
Steamed Sea Bass in Black Bean Sauce	Seasonal Price

Scallops

Scallops with Ginger & Spring Onions	£10.50
Scallops with Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£10.50
Scallops with Asparagus	£10.50
Scallops with Broccoli <i>(Served in a savoury garlic sauce)</i>	£10.50
Scallops with Mixed Vegetables	£10.50
Scallops with Mixed Mushrooms	£10.50

Squid

Sizzling Squid in Black Bean Sauce	£10.30
Squid with Ginger & Spring Onions	£9.50
Squid with Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£9.50
Squid with Asparagus	£9.50
Squid Broccoli <i>(Served in a savoury garlic sauce)</i>	£9.50
Squid with Mixed Vegetables	£9.50
Squid with Mixed Mushrooms	£9.50

Prawns

Prawns with Ginger & Spring Onions	£9.50
Sizzling Prawns in Black Bean Sauce	£10.30
Prawns in Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£9.50
Prawns with Asparagus	£9.50
Prawns with Broccoli <i>(Served in a savoury garlic sauce)</i>	£9.50
Prawns with Mixed Vegetables	£9.50
Prawns with Mixed Mushrooms	£9.50

• Poultry Dishes

Chicken

Sizzling Chicken in Black Bean Sauce	£9.20
Chicken with Ginger & Spring Onions	£8.40
Chicken with Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£8.40
Chicken with Asparagus	£8.40
Chicken with Broccoli <i>(Served in a savoury garlic sauce)</i>	£8.40
Chicken with Mixed Vegetables	£8.40
Chicken with Mixed Mushrooms	£8.40

• Meat

Beef

Sizzling Beef in Black Bean Sauce	£9.40
Beef with Ginger & Spring Onions	£8.60
Beef With Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£8.60
Beef with Asparagus	£8.60
Beef with Broccoli <i>(Served in a savoury garlic sauce)</i>	£8.60
Beef with Mixed Vegetables	£8.60
Beef with Mixed Mushrooms	£8.60

Pork

Sizzling Pork in Black Bean Sauce	£9.20
Pork with Ginger & Spring Onions	£8.40
Pork with Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£8.40
Pork with Asparagus	£8.40
Pork with Broccoli <i>(Served in a savoury garlic sauce)</i>	£8.40
Pork with Mixed Vegetables	£8.40
Pork with Mixed Mushrooms	£8.40

• Vegetables & Vegetarian Dishes

✓ Mixed Vegetables	£6.30
✓ Stir Fried Bean Sprouts	£5.90
✓ Sizzling Vegetables in Black Bean Sauce	£7.80
✓ Sizzling Tofu in Black Bean Sauce	£8.10
✓ Salty Peppered Tofu	£7.20
✓ Tofu with Mixed Vegetables	£7.20
✓ Tofu with Cashew Nuts <i>(Served in a savoury garlic sauce)</i>	£7.20

• Vermicelli Rice Noodles

Vermicelli Noodles with Chicken	£7.20
Vermicelli Noodles with Shrimps	£7.40
Vermicelli Noodles with Prawns	£8.90
✓ Vermicelli Noodles with Mixed Vegetables	£6.50
✓ Vermicelli Noodles with Bean Sprouts	£5.50

• Rice

Chicken Fried Rice	£5.80
Prawn Fried Rice	£8.90
Shrimp Fried Rice	£7.40
✓ Vegetable Fried Rice	£5.40
✓ Egg Fried Rice	£3.80
✓ Steamed Rice	£3.20
Stone Hot Pot Beef Rice (Spicy or savoury) <i>(Served in a heated stone bowl with beef, egg, beansprouts, carrots & lettuce)</i>	£10.50
✓ Stone Hot Pot Vegetable Rice (Spicy or savoury) <i>(served in a heated stone bowl with egg, bean sprouts, carrots, lettuce, peas & mushrooms)</i>	£10.50